

BENEFITS OF OUTPATIENT TREATMENT

For individuals who want to maintain a normal daily routine as much as possible, Outpatient Treatment provides individuals with many options.

The benefits of attending an Outpatient Program include:

CONTINUE WITH WORK AND/OR SCHOOL

- Ideal for those who need to work to help support their family or students working towards graduation.
- Outpatient Programs are offered Monday through Friday in the morning, afternoon and evening.*

AFFORDABLE

- Generally less expensive than residential care, but still provides high-quality treatment for those abusing drugs or alcohol.
- Insurance is accepted for outpatient treatment and generally covers most costs associated with treatment.

ACCESS TO SUPPORT

- Allows individuals to remain in close proximity to their loved ones and support network while receiving the care they need.

CONFIDENTIAL

- Outpatient treatment at Gateway centers is confidential.
- Offers privacy because it eliminates the need to explain extended time away from work or school.

*Programs vary by location

CARE IS CLOSE BY

Gateway Treatment Centers are located throughout Illinois and the St. Louis Metro East area.

We offer personalized substance abuse treatment plans that give individuals the tools and knowledge they need to get their lives back on track.

Call today to learn about our free, confidential consultation.

877-505-HOPE (4673)

RecoverGateway.org



Aurora
400 Mercy Lane
630-966-7400

Caseyville*
600 W. Lincoln
618-345-3970

Chicago River North
444 N. Orleans, Ste. 400
312-464-9451

Lake Villa*
25480 W. Cedarcrest Lane
847-356-8205

Springfield
2200 Lake Victoria Dr.
217-529-9266

Carbondale
1080 E. Park St.
618-529-1151

Chicago Northwest
4301 W. Grand
773-862-2279

Chicago West
3828 W. Taylor St.
773-826-1916

Pekin
11 South Capital
309-346-7800

Swansea
1 Bronze Pointe
618-234-9002



Outpatient Treatment for Substance Abuse



 **Insurance Accepted**

 All Gateway Treatment Centers are licensed by the state of Illinois and accredited by The Joint Commission.

*Offers Residential Programs Only



Opt-Tri-0214

Gateway's Outpatient Programs minimize costs by providing comprehensive on-site care and accepting health insurance.

Working through alcohol or drug related issues without putting life on hold.

OUTPATIENT TREATMENT FOR SUBSTANCE ABUSE

Too often, people who need drug or alcohol treatment don't receive the appropriate care because it would mean taking extended time away from their work or family.

With the flexibility of Gateway's Outpatient Treatment Programs, adults and adolescents can work through substance abuse issues without putting life on hold. Programs are ideal for people with a strong support system, a stable living situation and the internal motivation to change.



EFFECTIVE TREATMENT

Outpatient Programs offer personalized treatment plans that help individuals understand and manage their addiction.

Gateway's substance abuse experts provide counseling and therapy to give individuals the tools and knowledge needed to manage addiction on an ongoing basis. Individuals will learn life skills, such as how to live a balanced lifestyle that is free of drugs or alcohol and how to improve the quality of their relationships.

COMPREHENSIVE APPROACH

- Substance abuse education.
- Individual and group counseling.
- Medication to reduce or eliminate cravings and withdrawal symptoms.*
- Therapy for underlying mental health concerns (co-occurring disorders).
- Family counseling and education.
- Relapse prevention education and support.
- DUI evaluation and education (locations vary).

*If an assessment by our physician deems this is appropriate for an individual's needs

Gateway Treatment Centers offer educational and intense programs based on an individual's needs. An individual generally engages in multiple counseling sessions per week, over four to six weeks. We will work with you to establish the time and frequency that best meets your needs.

CONTINUED SUPPORT

Because most people need ongoing support for lasting recovery, Gateway also provides recovery support after completion of our Outpatient Programs:

- Aftercare counseling to support transition to sober lifestyle.
- Alumni program meetings, events, mailings and activities.

98%

of those who completed Outpatient Treatment would refer a friend or family member to Gateway.



FREE CONSULTATION ONLY A CALL AWAY

Gateway's confidential consultation is a free, no-obligation way to help determine if Outpatient Treatment is a viable option.

Call a nearby Gateway center or our 24-Hour Helpline at 877-505-HOPE (4673) to learn more.

OUTPATIENT TREATMENT IS AVAILABLE AT THESE GATEWAY CENTERS

Location	Adult	Teen	DUI
Aurora	●	●	
Carbondale	●		●
Chicago Northwest	●		
Chicago River North	●		
Chicago West	●		
Pekin	●	●	●
Springfield	●	●	●
Swansea	●	●	●

"The Gateway Outpatient Program and staff have been a blessing to me and my family for several reasons... including the flexibility the program provides in the way it works with my schedule."

Louise W., Gateway Alumnus