



## OUTPATIENT TREATMENT SCHEDULE

### Gateway Alcohol & Drug Treatment Center Carbondale

#### GROUP SCHEDULE

Group	Days	Time
Adult - Co-Ed	Mon-Fri Mon-Thurs	11:00 a.m. - 2:00 p.m. 6:00 p.m. - 9:00 p.m.
<b>Healthy Options to Treat Pain Effectively (H.O.P.E)</b>	Mon & Wed	11:00 a.m. - 2:00 p.m.
Recovery Support Education	Mon	6:00 pm - 9:00 p.m.

Times subject to change, please call to confirm.

#### MEET THE STAFF AT GATEWAY'S CARBONDALE CENTER

##### **Katie Stout** Executive Director

Katie Stout leads the staff and clinical team at Gateway Carbondale, and ensures that all clients are treated with the most innovative and customized care. She has been working in the field of behavioral health since 2004.

For Katie, the most rewarding part of her job is "helping clients reengage with family and get back to living life according to what they value." She is thankful to work with counselors who dedicate their lives to walk besides people struggling with addiction.

Katie completed her undergraduate studies in Human Services, and earned her MBA from the University of Phoenix in 2015. She joined Gateway after directing an eating disorders facility in Nevada for 12 years. Though the facility was ED specialized, she has always had clients with co-occurring substance use disorder.

##### **Dr. Rakesh Chandra** Psychiatrist

Dr. Chandra is a key part of the holistic approach to patient wellness and recovery at Gateway's Carbondale treatment center. He helps individuals with co-occurring disorders to address their underlying mental health difficulties. Dr. Chandra is certified in the use of medication assisted treatment to manage withdrawal symptoms during the detoxification process.

Dr. Chandra graduated from All India Institute of Medical Sciences in New Delhi and served his internship at the University of Chicago. He completed his Psychiatric residency at Johns Hopkins in Baltimore. He has a law degree and a masters in health law from Loyola University in Chicago.

**Gateway Carbondale**  
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